

### My Time To Talk With God: A Prayer Notebook

By Russell Kelfer (1933-2000) Referenced for instruction in Chapter 10 of his book, <u>Prayer: God's "Secret" Weapon, Vol. 2</u> © Russell Kelfer: all rights reserved

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## My Commitment to Pray

Because my God is the most important person in all the world to me, and because He has issued a personal, open, binding invitation to me to come to Him and fellowship with Him in prayer,
On this day of the year I do hereby submit to God's desire and commit the remainder of my life to a scheduled, regular time of daily prayer, to be followed by and surrounded by an unending life of prayer.
With God as my witness, I plan to meet with the King of Kings on a regular basis, each day at (time). I plan to begin by meeting Him at (place).
Should anything come between me and this appointment, I will immediately contact God, ask His forgiveness and ask to reschedule.
I would like to be accountable to do this.
Therefore, I am asking (person) to check up on me and see that I have been faithful. By God's grace, I will become the kind of praying believer God intends me to be.
Signed

## Character

Praying for character rather than circumstances

### THE ATTRIBUTES OF GOD

God is	Therefore	His Word says
Faithful	What He has promised, He will do. Always	Genesis 8:22 Deuteronomy 7:9 Lamentations 3:22 II Timothy 2:13 Hebrews 10:23
Grace	He lives in us, becoming in us His very nature	Exodus 33:19 John 1:17 Romans 3:24 Romans 11:6 Ephesians 2:8,9
Holy	He is too pure to look upon sin. It breaks His heart.	Exodus 15:11 Psalm 7:11 Psalm 99:5 Psalm 110:3 Isaiah 6:3 Habakkuk 1:13
Immutable	He cannot change. His Word cannot change.	Psalm 33:11 Psalm 119:89 Isaiah 54:10 Malachi 3:6 Hebrews 6:17 James 1:17
Love	He gladly gave Himself for us. He gladly gives Himself to us.	Deuteronomy 7:7,8 Jeremiah 31:3 John 3:16 Ephesians 3:15-21 1 John 4:8 1 John 4:19
Mercy	His forgiveness and love cause Him to withhold His wrath and maintain our fellowship	Exodus 33:19 Psalm 57:10 Psalm 59:16 Psalm 86:5 Psalm 136:1 Psalm 145:9 Titus 3:5 I Peter 1:3

### THE ATTRIBUTES OF GOD

God is	Therefore	His Word says
Omnipotent	There is nothing He cannot do.	Psalm 18:13-15 Psalm 27:1 Psalm 33:9 Psalm 62:11 Psalm 89 Ephesians 3:20,21 Hebrews 1:3
Omnipresent	He will never leave us nor forsake us. We can never run from Him.	Joshua 1:5 Psalm 139 Matthew 28:20 Hebrews 13:5
Omniscient	There is nothing He does not know. He knows my heart. He knows the future.	Job 23:10 Psalm 103:14 Psalm 139:2-4 Jeremiah 1:5 Hosea 7:2 John 21:17 Romans 8:29,30 Hebrews 4:13
Patient	He is slow to anger, full of compassion, ready to forgive.	Numbers 14:18 Psalm 145:8 Nahum 1:3 I Peter 3:20 II Peter 3:9
Sovereign	He is always in control, and what He does is always best.	Psalm 75:6,7 Psalm 135:6 Psalm 115:3 Isaiah 46:10 Daniel 4:35 Ephesians 1:11

Godly Quality	Definition	References	His Nature
Availability	The act of maintaining a state of readiness to do the will of God.	Ruth 1:16 I Samuel 3:7-10 Isaiah 6:8	Omnipresence
Compassion	The deep feeling of sharing the suffering of another with the desire to support or show mercy.	Lamentations 3:22,23 Mark 1:41 II Corinthians 1:3 Hebrews 4:15 Jude 22	Mercy
Confidence	Positive identification with God's promises	Proverbs 3:5,6 Philippians 1:25 Hebrews 10:35,36	Sovereignty; Faithfulness
Contentment	Satisfaction with your lot in life.	Philippians 4:11-13 I Timothy 6:6	Sovereignty
Correctability	One's openness to rebuke	Proverbs 9:8-10 Proverbs 13:1,18 Proverbs 15:31 Proverbs 27:5 Proverbs 29:1	Holiness
Courage	The absence of fear in the face of adversity	I Corinthians 16:13 II Timothy 1:7	Omnipotent (All Powerful)
Discernment	God-given ability to see from His perspective	Proverbs 19:27 James 3:17	Omniscience
Encouragement	The quality in man that always builds up the positive perspective	I Samuel 30:6 Proverbs 12:25 Isaiah 41:6,7 I Timothy 4:13 II Timothy 4:2 Hebrews 3:13	Patience
Faith	The ability to walk by confidence where you cannot see	Matthew 5:20 Hebrews 11:1,6	Love; Faithfulness

Godly Quality	Definition	References	His Nature
Faithfulness	Consistency in your expression of faith	Proverbs 20:6 Proverbs 25:19 I Timothy 1:12 II Timothy 2:2	Faithfulness
Forgiving Spirit	To pardon; renounce anger or resentment against.	Matthew 6:14 Ephesians 4:32 Colossians 3:13 I John 1:9	Mercy
Freedom from Bitterness	Having reached the place in life where you can joyfully accept the sovereignty of God in all situations.	Proverbs 18:14 Ephesians 4:2,3 Hebrews 12:15	Grace; Sovereignty
Generosity	Willingness to give or share generously and unselfishly without hope of return	John 3:16 Ephesians 5:25 Philippians 2:6-11 II Corinthians 9:7	Grace; Love
Gentleness	The spirit that responds with consistent love on all occasions	Galatians 5:23 I Thessalonians 2:7 II Timothy 2:24 James 3:17	Love; Mercy
Grateful Spirit	A heart that remains appreciative	Ephesians 5:20 Philippians 4:6	Grace; Sovereignty
Honesty	Acting or speaking in such a way as to present pure truth with no attempt to deceive or give a false impression; integrity.	John 1:14,17 John 8:43-45 John 14:6 John 18:37 Ephesians 6:11,14 II Thessalonians 2:12 III John 4	Truth
Humility	Accepting last place as deserved	Proverbs 15:33 Proverbs 25:6,7 James 4:10 I Peter 5:5,6	Supremacy

Godly Quality	Definition	References	His Nature
Hunger for the Word	An insatiable desire to read and study the Scriptures	Jeremiah 15:16 Matthew 4:4 I Peter 2:2	Wisdom; Light; Truth
Joy	The attitude of perfect heart acceptance of the will of God that is unaffected by circumstances	Psalm 16:11 Proverbs 15:15 John 15:11 John 16:24	Sovereignty
Love	God in us giving Himself away	I Corinthians 13 Galatians 5:22,23 I John 4:12	Love
Meekness	The gracious responses humility produces	Galatians 5:23 Ephesians 4:2 Colossians 3:12 James 1:21 I Peter 3:4	Grace
Modesty	That quality of discretion that never calls attention to itself	Proverbs 11:22 I Timothy 2:9 I Peter 3:2-5	Holiness
Obedient Heart	The life that does as God commands without questioning His Word	John 14:21 Titus 3:1 Hebrews 13:17	Righteousness
Patience	The life that reflects a continued right response when tried or tested	Proverbs 20:22 Hebrews 10:35,36 James 1:2,3	Patience
Peace	Inner tranquility based on who God is	Isaiah 26:3 John 14:1-3 John 14:27 John 16:33 Philippians 4:6,7	Sovereignty
Power	Might that comes as a result of God's strength at work within you	Colossians 1:11 II Timothy 1:7	Omnipotence (All Powerful)

Godly Quality	Definition	References	His Nature
Priorities	The assessment of opportunities in the light of their eternal importance	Matthew 6:33 Colossians 3:2	Wisdom
Purity	Inner holiness of heart	Proverbs 4:23 II Timothy 2:21,22 James 4:7,8	Holiness
Quiet Spirit	The God-likeness found in a woman whose desire is to respond rather than to lead	I Peter 3:2-5	Grace
Self-control	Balanced restraint based on God's control of your life	Proverbs 14:29 Proverbs 16:32 Proverbs 25:28 Galatians 5:22,23 Titus 1:8 II Peter 1:6	Righteousness
Self-image	The portrait you paint of yourself that reflects your concept of the God who made you	Psalm 139:14-18 Jeremiah 29:11	Creator; Sovereignty
Servant Heart	The life that derives pleasure in the success of another.	Galatians 5:13 Philippians 2:2-4	Love; Generosity
Sincerity	A life dominated by pure motives	I Chronicles 28:9 II Corinthians 1:12 Philippians 1:10	Holiness
Single-minded	Having one over- riding focus or pur- pose; determined to follow Jesus.	Philippians 2:5-11 James 1:5-8 James 1:17	Immutable
Spiritual Hunger	A desire to grow in grace	Matthew 5:6 I Peter 2:2	Grace; Wisdom

Godly Quality	Definition	References	His Nature
Steadfastness	Remaining in place as needed	1 Corinthians 15:58	Faithfulness
Strength	Durability under attack	Proverbs 24:10 Isaiah 40:31 Ephesians 6:10 Philippians 4:13	Omnipotence (All Powerful)
Submission	The act of joyfully, willingly, obeying authority to one another	Ephesians 5:21 I Peter 5:5	Love
Wives to husbands		Ephesians 5:22-24 I Peter 3:1-5	
Children to parents		Proverbs 10:1 Proverbs 30:17 Ephesians 6:1 Colossians 3:20	
Employees to employers		Ephesians 6:5-8 I Peter 2:18-21	
Christians to the government		Romans 13:1-7 I Peter 2:13-15	
Teachability	One's level of openness to instruction	Psalm 27:11 Psalm 119:12,18 Proverbs 12:1 Proverbs 19:20	Wisdom; Sovereignty
Tenderness	The degree to which one softens toward another	Luke 7:13 Ephesians 4:32	Mercy
Vision	The magnitude of one's concept of the Great Commission	Proverbs 29:18 Matthew 28:19,20 Acts 1:8,9 II Timothy 2:2	Grace

Godly Quality	Definition	References	His Nature
Wisdom	Seeing life from God's perspective: the Mind of Christ in control of the Christian; the Word active in the life.	James 1:5 James 3:17	Love; Grace
Witness	The act of bearing testimony to God's Son;	Ezekiel 33:3-6 Acts 1:8 I John 1:3	Grace
Work Attitudes	The mind of Christ in response to responsibility	Proverbs 12:11 Proverbs 14:23 Proverbs 18:9 Proverbs 19:5 Proverbs 20:4 Proverbs 22:29 Proverbs 24:30 Proverbs 28:19 I Thessalonians 4:11	Faithfulness; Sovereignty

## Worship

Helps to begin prayer with praise.

#### **EXAMPLES OF VERSES TO USE TO WORSHIP**

#### GOD'S POWER

Lord God All-Powerful who is like you? Lord, you are powerful and completely trustworthy.

Your kingdom is built on what is right and fair. Love and truth are in all you do. (Psalms 89:8,14 NCV)

O LORD God of hosts, who is a strong LORD like unto thee? or to thy faithfulness round about thee?

Justice and judgment are the habitation of thy throne: mercy and truth shall go before thy face.

(Psalms 89:8,14 KJV)

#### GOD'S GRACE

But God's mercy is great, and he loved us very much.

Though we were spiritually dead because of the things we did against God,

He gave us new life with Christ. You have been saved by God's grace. (Ephesians 2:4,5 NCV)

But God, who is rich in mercy, for his great love wherewith he loved us, Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;)

(Ephesians 2:4,5 KJV)

#### GOD'S GUIDANCE

The Lord will always lead you. He will satisfy your needs in dry lands And give strength to your bones. You will be like a garden that has much water, Like a spring that never runs dry.

(Isaiah: 58:11 NCV)

And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not. (Isaiah 58:11 KJV)

#### GOD'S FORGIVENESS

The Lord says, "Come let us talk about these things Though your sins are like scarlet, They can be white as snow. Though your sins are deep red, They can be white like wool."

(Isaiah 1:18 NCV)

Come now, and let us reason together, saith the LORD:

though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool.

(Isaiah 1:18 KJV)

#### GOD'S STRENGTH

God is our protection and our strength. He always helps in times of trouble.

The Lord All-Powerful is with us; The God of Jacob is our defender. Selah (Psalms 46:1,7 NCV)

God is our refuge and strength, a very present help in trouble.

The LORD of hosts is with us; the God of Jacob is our refuge. Selah. (Psalms 46:1,7 KJV)

#### GOD'S FAITHFULNESS

Jesus will keep you strong until the end so that there will be no wrong in you on the day our Lord Jesus Christ comes again. God, who has called you to share everything with his Son, Jesus Christ our Lord, is faithful.

(I Corinthians 1:8,9 NCV)

Who shall also confirm you unto the end, that ye may be blameless in the day of our Lord Jesus Christ.

God is faithful, by whom ye were called unto the fellowship of his Son Jesus Christ our Lord.

(I Corinthians 1:8,9 KJV)

#### LEARNING TO PERSONALIZE WORSHIP VERSES

Emphasizing first personal pronouns, remembering that God is My rock and fortress, etc.

#### GOD, THOU ART:

#### MY rock: MY fortress

For thou art <u>my</u> rock and <u>my</u> fortress; therefore for thy name's sake, lead <u>me</u>, and guide <u>me</u>. (Psalm 31:3)

#### MY hiding place

Thou art <u>my</u> hiding place; thou shalt preserve <u>me</u> from trouble; thou shalt compass <u>me</u> about with songs of deliverance. (Psalm 32:7)

#### MY rock

From the end of the earth will  $\underline{I}$  cry unto thee, when  $\underline{my}$  heart is overwhelmed: lead  $\underline{me}$  to the rock that is higher than  $\underline{I}$ . (Psalm 61:2)

#### MY shelter

For thou hast been a shelter for me, and a strong tower from the enemy.

<u>I</u> will abide in thy tabernacle for ever: <u>I</u> will trust in the covert of thy wings. (Psalm 61:3-4)

### MY refuge & fortress

 $\underline{I}$  will say of the LORD, He is  $\underline{my}$  refuge and  $\underline{my}$  fortress:  $\underline{my}$  God; in him will  $\underline{I}$  trust.

There shall no evil befall <u>me</u>, neither shall any plague come nigh <u>my</u> dwelling.

For he shall give his angels charge over <u>me</u>, to keep <u>me</u> in all <u>my</u> ways. (Psalm 91:2,10,11)

### Greatly to be praised

For the LORD is great, and greatly to be praised: he is to be feared above all gods.

 $\underline{I}$  will give unto the LORD the glory due his name:  $\underline{I}$  will bring an offering, and come into his courts.

I will worship the Lord in the beauty of holiness: fear before him, all the earth. (Psalm 96:4,8,9)

Omnipotence

·	
Verses to meditate on:	
The power belongeth to Go	od (Psalm 62:11b)
The Lord also thundered in	n the heavens, and
the Highest gave His voice; ho	ail stones and coals
fire.	
Yea, he sent out his arrows	s, and scattered
them; and he shot out lighteni	ings and discomfited.
them.	
Then the channels of wate	r were seen, and
the foundations of the world	were discovered at
thy rebuke, O Lord, at the blo	ast of the breath of
thy nostrils.	(Psalm 18:13-15)
upholding all things by the	word of his power
sat down on the right hand of	the
majesty on high;	
<u>.                                  </u>	

Verses to meditate on:	

Verses to meditate on:	

Verses to meditate on:	

Servant Heart
Verses to meditate on:
Even as the Son of man came not to be
ministered unto, but to minister
(Matthew 20:28)
People I desire to have this character trait:
James Russell

Verses to meditate on:
People I desire to have this character trait:

erses	s to meditat	e on:				
eople	e I desire to	have th	is chara	cter trait	:	

Verses to meditate on:
People I desire to have this character trait:

# My Book of Remembrance

A-	My Personal Testimony	30
B-	Miracles I've Read in Scripture Personalized	32
C-	Spiritual Milestones	34
D-	God's Work in the Lives of Others(incidents which remind me of His power and love)	

## My Personal Testimony (when, where, and how I became a Christian)


## Miracles I've Read in Scripture Personalized (passages that deeply impact my own life)

Incident	
Passage (written out)	
What it says to me personally	
Prayer of Thanksgiving and Praise	
	Date:

## Miracles I've Read in Scripture Personalized (passages that deeply impact my own life)

Incident	
Passage (written out)	
What it says to me personally	
Prayer of Thanksgiving and Praise	
	Date:

### A Spiritual Milestone

I want to drive a stake in the ground.

Date:
Dear God,
What a wonderful thing you just did. No one but you combe so gracious, so merciful, so powerful. I want to drive a standard the ground so that I will never forget this moment, and that I can recall it to others as a remembrance of the greatness of my God.
This is what You did:
I want to worship you for the following aspects of you atture that you demonstrated:
I plan to make/do the following to commemorate the experience as a reminder of your works and your ways:

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## A Spiritual Milestone

I want to drive a stake in the ground.

Date:
Dear God,
What a wonderful thing you just did. No one but you could be so gracious, so merciful, so powerful. I want to drive a stake of the ground so that I will never forget this moment, and so that I can recall it to others as a remembrance of the greatness of my God.
This is what You did:
I want to worship you for the following aspects of your ature that you demonstrated:
I plan to make/do the following to commemorate this experience as a reminder of your works and your ways:

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Date:
Dear God,
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This is what You did:
I want to worship you for the following aspects of you nature that you demonstrated:
I plan to make/do the following to commemorate the experience as a reminder of your works and your ways:

God's Work in the Lives of Others (incidents which remind me of His power and love		

# God's Work in the Lives of Others (incidents which remind me of His power and love)

# Daily Prayer List

(People and needs to pray for every day)

## My Daily Prayer List

(to pray for every day)

Name	Need	Passage
Robert	Wisdom	James 1:5
	<u> </u>	

#### My Daily Prayer List

(to pray for every day)

Name	Need	Passage

## My Daily Prayer List

(to pray for every day)

Need	Passage
	Need

# Rotating Prayer List

(Praying for different groups such as neighbors, co-workers, those in authority, etc.)

## My Monday List

(relatives)

Name	Need	Passage
Aunt Sue	Comfort	John 14:18

## My Monday List

(relatives)

Name	Need	Passage

## My Tuesday List

(missionaries)

Name	Need	Passage
David & Denise	Protection	Psalm 91:11

#### My Tuesday List

(missionaries)

Name	Need	Passage

## My Wednesday List

(spiritual leaders)

Name	Need	Passage
Pastor Bob	Discernment	James 1:5

#### My Wednesday List

(spiritual leaders)

Name	Need	Passage

## My Thursday List

(employees/co-workers)

Name	Need	Passage
Beth	Good work attitudes	I Thessalonians 4:11

#### My Thursday List

(employees/co-workers)

Name	Need	Passage

#### My Friday List

(people God laid on my heart)

Name	Need	Passage
Rose	Compassion	Jude 2:2
	<u> </u>	

#### My Friday List

(people God laid on my heart)

Name	Need	Passage

# My Saturday List (neighbors)

Name	Need	Passage
Barbara	Salvation	John 14:6

## My Saturday List

(neighbors)

Name	Need	Passage

## My Sunday List

(those in authority

Name	Need	Passage
President	Mind of Christ	Philippians 2:5

## My Sunday List

(those in authority

Name	Need	Passage

## My Sunday List

(those in authority

Name	Need	Passage

# My Time with God Recorded

#### My Daily Time Alone With God

The date today:	Today's passage:
Dear Lord, Open thoungs out of thy Word	a mine eyes that I may behold wondrous
Thank you Lord, for	sharing the following truths from
your Word today:	
In God's power, I nee	ed to set the following objectives
for today:	
_	
My goal today is to r	eview:
_	
-	
I need to meditate or	n this thought:
I want to pray specif	ically for these people today:

(continued)

#### At the End of the Day...

Today, God blessed me with the following reminders of His presence and love: My faithfulness today: (1-10) Time alone with God: Study time: Scripture memory: Meditation: Ministry to others: Ministry to family: Demonstrating love: Demonstrating joy: Demonstrating peace: Demonstrating patience: Demonstrating self-control: Lessons God taught me today: Things I need to do tomorrow: To meditate on as I go to sleep:

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#### My Daily Time Alone With God

The date today:	Today's passage:
Dear Lord, Open thoungs out of thy Word	a mine eyes that I may behold wondrous
Thank you Lord, for	sharing the following truths from
your Word today:	
In God's power, I nee	ed to set the following objectives
for today:	
_	
My goal today is to r	eview:
_	
-	
I need to meditate or	n this thought:
I want to pray specif	ically for these people today:

(continued)

#### At the End of the Day...

Today, God blessed me with the following reminders of His presence and love: My faithfulness today: (1-10) Time alone with God: Study time: Scripture memory: Meditation: Ministry to others: Ministry to family: Demonstrating love: Demonstrating joy: Demonstrating peace: Demonstrating patience: Demonstrating self-control: Lessons God taught me today: Things I need to do tomorrow: To meditate on as I go to sleep:

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# Stakes, Altars and Roadblocks\* My Roadblock

know	from the following Scriptures that this is not your
	y desire that I not have to pass this way again nerefore, by the grace of God which alone can er
plan	to erect some roadblocks. I plan to do the following or several as needed).
plan ose or	o erect some roadblocks. I plan to do the follow
plan ose or 1- See	o erect some roadblocks. I plan to do the follow the or several as needed).
plan to ose or os	o erect some roadblocks. I plan to do the follow the or several as needed).  It is to become accountable to:

<sup>\*</sup>For instruction on this subject, order free message #706a "Stakes, Altars, and Roadblocks" from Discipleship Tape Ministries, Inc. Refer to page 2 of this book for ordering information.

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# Stakes, Altars and Roadblocks\* My Roadblock

	There has been in my life a pattern of behavior or a tendency veakness in the following area:
	I know from the following Scriptures that this is not your will:
me,	It is my desire that I not have to pass this way again and in. I, therefore, by the grace of God which alone can enable plan to erect some roadblocks. I plan to do the following: oose one or several as needed).
	1- Seek to become accountable to:
	2- Seek counseling/mentoring with:
	3- Memorize/meditate on the following passages:
	4- Take the following measures to discipline my life:

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